

The Farm Country Kitchen

Friday September 30 ,2011

Join us for Dinner this Weekend

LUNCH BLACKBOARD

Still Open 7 Nights

369-6311 Vineyard Catering for Your Events fax)369-4170

Soups: New England Chowder.....Sweet Potato Bisque 4/5.....

Fruit :blueberries, Watermelon, Strawberries, Kiwi, Cantaloupe, Pineapple, Mango 4.50

I.The Fire Island Salad...grilled seabass, splash of remolaude, side of olive tapande for dipping, red beets feta cheese, grape tomatoes, cabbage, carrots, cucumber and balsamic dressing...10.5

II.The Gabriano Salad..baby arugula, roasted portobello, roasted yellow peppers, goat cheese, garlic croutons, cucumbers, carrots, grape tomatoes & balsamic . 7.75 (salmon 9.95)

III. The Pellegrino Spinach.. Baby spinach, grilled ribeye steak, sliced avacado, black olives, red onions, cucumbers, grape tomatoes, with blue cheese dressing.7.95

IV.The Firm Salad..Sping mix, cranberries, apples, grilled chicken, chick peas, feta cheese, walnuts, cucumbers, carrots, grape tomatoes chick peas & balsamic dressing..7.5

V. The Field Salad...spring mix, grilled chicken, blueberries, gorgonzola cheese, almondsdrizle of balsamic glaze, red onions, grape tomatoes, carrots, chick peas, cucumbers & ranch dressing .11

VI. The Villa Panini..breaded chicken, proscuito, broccoli rabe, melted Fontina cheese on rosemary bread with a splash of olive oil, pecorino cheese with a side salad...7.75

VII. The Stella Panini... grilled chicken, melted provolone, basil pesto, grilled zuchini on garlic italian bread with a spring mix salad...7.25

VIII. The Verona Duck Wrap..special dark marinated local crescent duck, roasted corn, cheddar cheese, salsa, avocado with potato salad .8.5

IX. The Dorothy Wrap.. Cajun chicken, chopped romaine, honey mustard, feta cheese, carrots, cabbage with a pasta salad .7.5 (Shrimp 10)

X. The Maui Wrap...cajun seared Tuna, creamy wasabi mayo, avocado, tomato, spring mix with Chips..11.. (Cajun Chicken 7.5)

XI.The Roger Panini.,grilled chicken, fresh mozzarella, cheese, local juicy tomato, grilled eggplant on rosemary bread with basil pesto salt and pepper with a side salad.....7.75

XII.Pasta Viola ...chicken, virgin olive oil, garlic, onions, san marnzano tomatoes, fresh basil topped with chopped fresh mozzarella... 9

XIII. Cordon Panini... ham, Muenster cheese, mustard, tomato in a grilled flat spinach panini and side salad..7.5

XIV. Salmon Lunch ..seasoned and seared in cast iron skillet served over risotto with a tomato salsa, grilled asparagus and dab of guacamole...11

XV.Classic Burrito..cajun chicken, salsa, avocado, guacamole, black beans, sour cream, with a side salad..7.75....(tofu or steak or shrimp...)

XVI .The Texas Panini. Grilled fillet mignon, sweet local tomato, herb cheese spread, arrugula and a side salad..10

XVII. The Roast Beef Sandwich....roast beef, melted swiss, bacon, bbq mayo, tomato on kaiser roll and potato salad.....7.75

XVIII. Veggie Wrap..grilled vegetables of zucchini, eggplant and asparagus with fresh mozzarella, salt pepper and a side salad..7.75

XIX. Turkey Sandwich..baked warm with swiss, tomato, dijon mustard on 12 grainw/chips..7.75

XX. Chicken or Tuna Salad..kaiser roll, lettuce, tomato and chips.6.75

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III. The Espenza Spinach.. Baby spinach, cajun chicken, sliced mango, avocado, red onions, goat cheese, cucumbers, grape tomatoes, with citrus orange kumquat dressing.

IV. The Cambridge Salad.. Cajun chicken, roasted corn, chick peas, papaya, Gorgonzola cheese, red onion, cucumbers, grape tomatoes chick peas & ranch dressing..

V. The Gigi Salad... chopped romaine and spring mix, sliced cherry peppers, grilled chicken, shaved romano sliced, drizzle of balsamic glaze, red onions, grape tomatoes, chick peas, cucumbers & basil dressing .6.75

IX. The Krynol Wrap.. Grilled chicken, chopped romaine, feta cheese, chopped olives, red onions cabbage with a splash of red wine and olive oil and a side salad..

XIII. Cordon Blue Wrap..grilled chicken, ham, Muenster cheese, mustard tomato .

XX. Chicken .on a roll or pita with lettuce, tomato